COMMON SIGNS AND SYMPTOMS OF LUPUS

These may vary from person to person and can flare up and subside over time.

- Hair loss
- A butterfly-shaped rash (malar rash)
- Swollen lymph nodes
- Mouth ulcers
- Chest pain
- Inflammation and damage to:
  - Kidneys
  - Lungs
  - Heart, lining of the heart
  - Blood vessels
  - Central nervous system
- Fingers and toes turn white, blue or red after exposure to cold or with stress (Raynaud phenomenon)
- Arthritis, joint pain

Affecting the body as a whole:
- Fever
- Persistent fatigue
- Sensitivity to sunlight
- Anemia (low hemoglobin and red blood cells)